

## ABSTRACT OF THE DISCLOSURE

The purpose of the invention is to fabricate a near field optical head capable of recording and reading high density information at high speed with excellent mass production. In the invention, stoppers having almost the same height as that of a tip of conical or pyramidal shape are disposed around the tip, a part of a pressing body covering the tip and the stoppers is displaced by an external force, a part of the pressing body having displaced is allowed to come into contact with an opaque film near the point of the tip and thereby an aperture is formed. According to a fabricating method of the invention, multiple apertures can be formed in the block. Thus, the near field optical head is excellent in mass production and the formed aperture has a structure of high optical efficiency and high resolution. Therefore, the near field optical head capable of performing recording/reading in high density and at high speed can be fabricated in excellent mass production.